

DILLUNS

45' SALA 1 ANFITEATRE	7:30	
50' ZONA PISCINA	8:30	
50' SALA 6 BALANCE	8:30	
50' SALA 6 BALANCE	9:30	
50' ZONA PISCINA	9:30	
45' ZONA FITNESS	9:30	
50' SALA THE BOX	9:30	
15' ZONA FITNESS	9:30	
50' SALA 1 ANFITEATRE	10:00	
50' SALA 6 BALANCE	10:30	
50' SALA 3 POWER	10:30	
30' SALA THE BOX	11:00	
50' SALA 6 BALANCE	11:30	
15' ZONA FITNESS	11:30	
50' SALA FITNESS	13:00	
50' SALA 3 POWER	13:30	
50' SALA 1 ANFITEATRE	14:00	
50' ZONA PISCINA	15:30	
50' SALA 6 BALANCE	15:30	
55' ZONA FITNESS	17:30	
45' SALA 1 ANFITEATRE	17:30	
50' SALA 6 BALANCE	17:30	
50' SALA 3 POWER	17:30	
50' SALA 2 FUSION	18:30	
50' SALA 1 ANFITEATRE	18:30	
50' SALA 3 POWER	18:30	
50' SALA 6 BALANCE	18:30	
50' SALA 3 POWER	19:30	
50' SALA 6 BALANCE	19:30	
50' SALA 1 ANFITEATRE	19:30	
50' ZONA PISCINA	19:30	
50' SALA 4 TATAMI	20:15	
50' SALA 6 BALANCE	20:30	
15' ZONA FITNESS	20:30	
45' SALA 1 ANFITEATRE	20:30	

DIMARTS

45' OUTDOOR EXTERIOR	7:15	
50' SALA 1 ANFITEATRE	7:30	
50' ZONA PISCINA	8:30	
50' SALA 6 BALANCE	9:30	
50' SALA 3 POWER	9:30	
15' ZONA FITNESS	9:30	
45' SALA 3 POWER	10:30	
50' SALA 6 BALANCE	10:30	
50' ZONA PISCINA	10:30	
15' ZONA FITNESS	11:30	
45' ZONA FITNESS	13:00	
50' SALA 6 BALANCE	13:30	
45' SALA 1 ANFITEATRE	14:00	
50' ZONA PISCINA	15:30	
50' SALA 1 ANFITEATRE	16:30	
50' SALA 6 BALANCE	17:30	
50' SALA 3 POWER	17:30	
45' SALA 3 POWER	18:30	
50' SALA 1 ANFITEATRE	18:30	
50' SALA 6 BALANCE	18:30	
50' SALA 6 BALANCE	19:30	
50' SALA 2 FUSION	19:30	
50' SALA 3 POWER	19:30	
50' SALA 1 ANFITEATRE	19:30	
50' SALA 1 THE BOX	19:30	
50' SALA 4 TATAMI	20:30	
50' ZONA PISCINA	20:30	
50' SALA 3 POWER	20:30	

DIMECRES

50' SALA 1 ANFITEATRE	7:30	
50' ZONA PISCINA	8:30	
50' SALA 6 BALANCE	9:30	
50' ZONA PISCINA	9:30	
45' ZONA FITNESS	9:30	
50' ZONA 3 POWER	9:30	
15' ZONA FITNESS	9:30	
50' SALA 1 ANFITEATRE	10:00	
50' SALA 6 BALANCE	10:30	
50' SALA 3 POWER	10:45	
15' ZONA FITNESS	11:30	
45' ZONA 3 POWER	13:30	
50' SALA 1 ANFITEATRE	14:00	
50' ZONA PISCINA	15:30	
50' SALA 1 ANFITEATRE	17:30	
50' SALA 3 POWER	17:30	
50' SALA 6 BALANCE	17:30	
30' SALA THE BOX	18:30	
50' SALA 1 ANFITEATRE	18:30	
45' ZONA FITNESS	18:30	
50' SALA 3 POWER	18:30	
50' SALA 6 BALANCE	19:00	
45' OUTDOOR EXTERIOR	19:00	
30' SALA 6 BALANCE	19:00	
30' SALA 3 POWER	19:30	
50' ZONA PISCINA	19:30	
50' SALA 1 ANFITEATRE	19:30	
50' SALA 1 THE BOX	19:30	
50' SALA 6 BALANCE	20:15	
50' SALA 4 TATAMI	20:15	
45' SALA 1 ANFITEATRE	20:30	

DIJOUS

50' SALA 1 ANFITEATRE	7:30	
50' ZONA PISCINA	8:30	
50' SALA 6 BALANCE	9:30	
50' SALA 3 POWER	9:30	
50' SALA 1 ANFITEATRE	9:30	
45' ZONA FITNESS	9:30	
50' SALA 6 BALANCE	10:00	
50' SALA 3 POWER	10:30	
50' ZONA PISCINA	10:30	
50' SALA 6 BALANCE	11:30	
15' ZONA FITNESS	11:30	
45' ZONA FITNESS	13:00	
50' SALA 6 BALANCE	13:30	
45' SALA 1 ANFITEATRE	14:00	
50' ZONA PISCINA	15:30	
45' SALA 1 ANFITEATRE	16:30	
50' SALA 6 BALANCE	16:30	
50' SALA 6 BALANCE	17:30	
45' SALA 3 POWER	17:30	
50' SALA 3 POWER	18:30	
50' SALA 1 ANFITEATRE	18:45	
50' SALA 6 BALANCE	18:30	
50' SALA 6 BALANCE	19:30	
50' SALA 2 FUSION	19:30	
50' SALA 3 POWER	19:30	
50' SALA 1 ANFITEATRE	19:30	
30' SALA 3 POWER	20:20	
50' SALA 4 TATAMI	20:30	
50' SALA 1 ANFITEATRE	20:30	

DIVENDRES

45' OUTDOOR EXTERIOR	7:15	
45' SALA 1 ANFITEATRE	7:30	
50' ZONA PISCINA	8:30	
50' SALA 6 BALANCE	9:30	
50' ZONA PISCINA	9:30	
50' SALA 3 POWER	9:30	
15' ZONA FITNESS	9:30	
50' SALA 1 ANFITEATRE	10:00	
50' SALA 6 BALANCE	10:30	
50' SALA 3 POWER	11:00	
15' ZONA FITNESS	11:30	
45' ZONA FITNESS	13:30	
50' SALA 3 POWER	13:30	
50' SALA 1 ANFITEATRE	14:00	
50' SALA 6 BALANCE	16:30	
45' ZONA FITNESS	17:00	
45' SALA 1 ANFITEATRE	17:30	
50' SALA 6 BALANCE	17:30	
50' SALA 3 POWER	18:15	
45' SALA 1 ANFITEATRE	18:30	
50' SALA 3 POWER	19:15	
45' SALA 1 ANFITEATRE	19:30	
50' SALA 4 TATAMI	20:00	
45' SALA 1 ANFITEATRE	20:30	

DISSABTE

50' SALA 3 POWER	10:00	
50' SALA 1 ANFITEATRE	11:00	

DIUMENGE

45' SALA 1 ANFITEATRE	11:00	
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